



COLONSAY GENERAL STORE

Scalasaig
Isle of Colonsay
Argyll
PA61 7YW

W: www.colonsayshop.net

E: info@colonsayshop.net

T: 01951 200265

Welcome to the stock list. Below is a categorised listing of almost everything we stock. If you can't find what you're looking for then let us know and we'll do our best to get it for you.

To ensure you get exactly what you're after please place your order 7 days before you arrive. We'll do our best to accommodate orders placed later than this but cannot guarantee that we'll be able to get everything you require.

Your shopping can be delivered to your cottage in time for your arrival. This service is now free of charge to all those spending more than £50. A £5 applies to orders under this threshold. The service runs 7 days a week so don't worry about having your shopping delivered on a Sunday.

Alternatively, you can pick up your order from the shop at no extra charge.

HOW TO ORDER:

E-mail or phone us with your list (e-mail is best), including the quantity of each item you require.

Please include the following information:

Your full name
Your home address
A contact phone number
The name of your holiday cottage on Colonsay
Your date and time of your arrival

PAYMENT:

Please contact us for payment details. Do not send credit/debit card details via e-mail as it is not secure.

CO-OP

We are proud to have entered into a partnership with Co-op to provide us many of their own brand products. It may be that a branded item in the list has been replaced with a Co-op alternative, but we plan to keep as many as the big brands as possible and we'll let you know if this is the case when you order.

Please note, we are not a Co-op store. We are still an independent family business, but now we can offer you delicious, fair trade Co-op brand products. This represents a step up in both quality and value and we hope you'll enjoy what this new partnerships offers.

FRESH PRODUCE

We stock a wide range of fruit, vegetables and dairy supplies. From bananas to butternut squash, apples to aubergines and cheddar to creme fraiche. Supplies come in 3 times a week. Add whatever you need from these departments and we will endeavour to get them for you.

FRESH MEATS

We also stock a range of fresh meats. These are itemised within the main body of the stock list. In addition we can supply fresh joints of argyll lamb and beef, black pudding, loin chops etc.

FROZEN MEATS

Similarly we also stock a wide range of frozen meats, including local Balnahard Beef and Mutton. The Balnahard range includes various steaks, burgers, mince, sausages, chops and joints. Our other meat is sourced from Iain Darling Butchers in Oban. This includes pork chops, mince, chicken fillets, black pudding, haggis, lorne sausage and lamb legs.

Thank you for using this service. We look forward to seeing you on the island.

Keir and Grace

ALCOHOL

See separate listings for BEER, SPIRITS, WINE

BABY & TODDLER

Cow and Gate baby foods

Ella's Baby Foods

Farley's rusks

Johnsons baby lotion

Johnsons baby oil

Johnsons baby shampoo

Milton sterilising tablets

Nappy bags

Pampers baby wipes

Pampers nappies all sizes

SMA Instant Milk Powders

BAKING

Atora Suet

Baking parchment

Baking powder

Bicarbonate of soda

Coconut Flour 500g

Condensed Milk

Co-op Foil

Co-op Foil wide

Co-op Lemon Juice

Co-op Lime Juice

Corn Flour

Desiccated Coconut 250g

DRIED FRUIT: see separate listing

Evaporated Milk 400g

Flavourings

FLOUR: see separate listing

Food Colourings

Gelatin

Mini cake cases

Muffin cases

Paxo Golden Breadcrumbs

Paxo Natural Breadcrumbs

Robertson's Mincemeat 454g
SUGARS: see separate listing
SYRUPS: see separate listing
Vanilla flavour essence
Yeast sachets x2

BBQ & PICNIC

Charcoal Instant Light
Instant barbecues
Instant barbecues large
Paper Napkins (20 pack)
Paper Plates (8 pack)
Paper Straws (30 pack)
Paper Tumblers (8 pack)
Lumpwood Charcoal 10kg

BEER, CIDER AND LAGER (BOTTLED)

Becks 6 x 275ml
Becks 12 x 275ml
Becks Blue 6 x 275ml (Non Alcoholic)
Budweiser 12 x 300ml
Colonsay Brewery Hangman's Rock 500ml
Colonsay Brewery IPA 500ml
Colonsay Brewery Pig's Paradise Blonde 500ml
Co-op IPA 500ml
Corona 10 x 330ml
Deuchars IPA 500ml
Fuller's ESB 500ml
Kopparberg Mixed Fruit Cider 500ml
Kopparberg Pear Cider 500ml
Marston's Old Empire IPA 500ml
Menabrea 660ml
Old Mout Kiwi & Lime Cider 500ml
Peroni Nastro Azzuro 4 x 330ml
San Miguel 4 x 330ml
Shipyard American IPA 500ml
Staropramen 4 x 330ml
Strongbow Cider 2L
Thatchers Vintage Cider 500ml

Warsteiner 660ml

Wolf Rock IPA 500ml

BEER, CIDER AND LAGER (CANS)

Amstel 4 x 500ml

Birra Moretti 6 x 330ml

Brewdog Punk IPA 4 x 330ml

Fosters Lager 8 x 440ml

Guinness Draught 500ml

Kronenbourg 1664 500ml

McEwan's Export 500ml

Murphy's Irish Stout 500ml

Scrumpy Jack Cider 500ml

Strongbow Dark Fruits 4 x 500ml

Sweetheart Stout 500ml

Tenants Lager 8 x 440ml

Tennents Lager 500ml

BEVERAGES: COFFEE AND HOT CHOCOLATE

Cadbury's Cocoa

Cadbury's Drinking Chocolate

Cadbury's Instant Hot Chocolate

Co-op French Roast & Ground Coffee (Strength 5)

Co-op Italian Roast & Ground Coffee (Strength 4)

Co-op Original Roast & Ground Coffee (Strength 3)

Co-op Roast & Ground Decaf Coffee (Strength 3)

Co-op Gold Roast Instant Coffee 100g

Heritage Instant Coffee 100g

Nescafe Azera Americano 60g

Nescafe Decaf 100g

Nescafe Gold Blend 100g

Nescafe Instant 100g

Nescafe Latte Sachets

Lavazza Espresso 250g

Lavazza Rossa 250g

BEVERAGES: TEA

Co-op 99 Blend Tea 160 Bags

Tetley 40s

Tetley 80s
Tetley Decaf Tea 40s
Twinings Assam 40s
Twinings Camomile 20s
Twinings Earl Grey 50s
Twinings English Breakfast 50s
Twinings Green Tea 20s
Twinings Lemon and Ginger Tea 20s
Twinings Peppermint Tea 20s
Yorkshire Tea 40s

BISCUITS: PLAIN

Borders Butterscotch Crunch
Borders Oat Crumbles
Borders Ginger Crunch
Borders Lemon Drizzle Melts
Burton's Jammie Dodgers
Co-op All Butter Shortbread Fingers
Co-op Custard Creams
Co-op Fig Rolls
Crawfords Garibaldi
CRISPBREADS: see separate listing
Jacob's Tuc Crackers
McVitie's Digestives 400g
McVitie's Gingernuts 150g
McVitie's Hobnobs 300g
McVitie's Rich Tea 200g

BISCUITS: CHOCOLATE

Bahlsen Choco Leibniz Dark
Border Chocolate Oat Crumbles
Border Chocolate Viennese Whirls
Border Choc Chip Shortbread Rings
Border Milk Chocolate Gingers
Border Dark Chocolate Gingers
Border Dark Chocolate & Orange Gingers
Border Divinely Chocolatey Cookies
Border Share Box
Breakaway 8 pack

Cadbury Fingers
Co-op Bourbon Creams
Fox's Vienesse
Jacob's Club Mint 8 Pack
Jacob's Club Orange 8 Pack
Maryland Choc Chip Cookies
McVitie's Digestives Dark Chocolate 266g
McVitie's Digestives Milk Chocolate 266g
McVitie's Hobnobs Dark Chocolate 262g
McVitie's Hobnobs Milk Chocolate 262g
Nestle Kitkat 9 Pack
Nestle Kitkat Dark Chocolate 9 Pack
McVitie's Penguins 8 Pack
Tunnock's Caramel Dark Choc Wafers 8 Pack
Tunnock's Caramel Wafers 4 Pack
Tunnock's Tea Cakes 6 Pack

BISCUITS: FOR CHEESE

Carr's Cheese Melts
Carr's Table Water Large 200g
Carr's Table Water Small 125g
CRISPBREADS: see separate listing
Jacob's Cream Crackers
Nairn's Fine Oatcakes
Nairn's Gluten Free Oatcakes
Nairn's Mini Oatcakes
Nairn's Rough Oatcakes

BREAD AND CAKES

Brioche Burger Buns 6 Pack
Brioche Rolls 8 Pack
Freshly Baked Olive Tuscan Bread 600g
Freshly Baked Rustic Brown Loaf 900g
Freshly Baked Sourdough Loaf 800g
Freshly Baked Tiger Bread 800g
Freshly Baked White Boule 900g
Hovis Loaves – Full Range (Just ask)
Mrs Unis Plain Naan (2 Pack)
Mrs Unis Garlic & Coriander Naan (2 Pack)

Nevis Loaf Style Cakes – A Wide Selection (Just ask)
New York Plain Bagels 4 Pack
Part Baked Baguettes
Part Baked Petit Pains
Pitta Bread White
Pitta Bread Wholemeal
Rolls White 6 pack
Rolls Wholemeal 6 pack
Schlar Gluten Free Wholesome Seeded Loaf

CEREALS

Alpen Oat and Fruit Granola 375g
Co-op Porridge Oats 500g
Green City Deluxe Muesli 500g
Green City Exotic Muesli 500g
Green City Organic Medium Oatmeal 1kg
Green City Pinhead Oatmeal 500g
Jordan's Country Crisp Chunky Nut 500g
Jordan's Country Crisp Raspberries 500g
Mornflake Organic Porridge Oats 750g
Kellogg's Bran Flakes 750g
Kellogg's Cocopops 295g
Kellogg's Corn Flakes 450g
Kellogg's Crunchy Nut Cornflakes 500g
Kellogg's Fruit n Fibre 750g
Kellogg's Rice Krispies 340g
Kellogg's Special K 360g
Nestle Cheerios 415g
Nestle Shreddies 415g
Scotts Porage Oats 1kg
Scotts So Easy Porridge 12x30g
Weetabix 24

CHEESE

Apple Smoked Cheddar 250g
Austrian Smoked 80g
Baby Bel Net 120g
Boursin 150g
Cambozola Wedge 130g

Co-op Cheddar Cheese Slices
Co-op Grated Mature Cheddar 200g
Co-op Scottish Mature Cheddar
Co-op Scottish Mild Cheddar
Co-op Somerset Brie 135g
Cricket St Thomas Goat's Cheese 100g
Cricket St Thomas Petit Camembert 140g
Cottage Cheese 250g
Dairylea Cheese Triangles
Dairylea Dunkers
Discover Mozzarella Block 200g
Double Gloucester 200g
Edam Wedge 230g
Feta 200g
Galbani Fresh Mozzarella Ball 125g
Galbani Parmesan Wedge 200g
Gigha Rounds 200g - selection of flavoured cheddar cheeses
Gouda Slices 180g
Halloumi 240g
Orkney Mature Cheddar 200g
Orkney Mature White Cheddar 200g
Philadelphia 180g
Philadelphia Light 180g
Scottish Mature Cheddar 340g
Stilton Wedge 150g

COFFEE

see separate listing for BEVERAGES

CONDIMENTS

Amoy Dark Soy Sauce
Amoy Light Soy Sauce
Baxter's Cranberry Jelly
Baxter's Mint Jelly
Blue Dragon Sweet Chilli Dipping Sauce 190g
Colman's Apple sauce
Colman's Cranberry Sauce
Colman's Horseradish Sauce
Colman's Mint Sauce

Colman's Tartare Sauce
Co-op Squeezy Mayonnaise 500ml
Co-op Tomato Ketchup Large 420g
Heinz Peri Peri Sauce 200ml
Heinz Salad Cream 425g
Heinz Tomato Ketchup Small 220g
Hellmans Mayonnaise 200g
Hellmann's Mayonnaise 400g
Hellmann's Light Mayonnaise 200g
Hellmann's Light Mayonnaise 400g
HP Sauce 285g
HP Woodsmoke BBQ Sauce 285g
Lea and Perrin's Worcester Sauce
MUSTARD: see separate listing
Tabasco 57ml

CRISPBREADS

Co-op Italian Breadsticks
Jacob's Crispbreads Mixed Grain
Jacob's Flatbread Salt & Pepper
Kallo Rice Crackers Blueberry & Vanilla
Kallo Rice Crackers Sea Salt & Balsamic Vinegar
Krisprolls Golden Wheat
Krisprolls Wholewheat
Ryvita Dark Rye
Ryvita Original

CRISPS: SMALL BAGS

Discos Salt & Vinegar
Hula Hoops BBQ Grab Bag
Hula Hoops Original Grab Bag
McCoys Flame Grilled Steak
McCoys Thai Sweet Chicken
Monster Munch Pickled Onion
NUTS: see separate listing for NUTS & SNACKS
Quavers Grab Bag
Squares Cheese & Onion
Walkers Cheese and Onion
Walkers Multipack 12 x 25g

Walkers Ready Salted
Walkers Roast Chicken
Walkers Salt and Vinegar
Walkers Smokey Bacon
Wotsits Grab Bag

CRISPS: LARGE BAGS

Co-op Plain Tortilla Chips 200g
DIPS: see separate listing
Doritos Chilli Heatwave 150g
Doritos Cool Original 150g
Doritos Tangy Cheese 150g
Kettle Chips Cracked Black Pepper 150g
Kettle Chips Lightly Salted 150g
Kettle Chips Mature Cheddar 150g
Kettle Chips Salt and Vinegar 150g
Kettle Chips Sweet Chilli 150g
Kettle Chips Vegetable Crisps 125g
Pretzels Original
Pretzels Sour Cream and Onion
Pringles Original 190g
Pringles Salt and Vinegar 190g
Pringles Sour Cream and Onion 190g
Pringles Texas BBQ 190g

DIPS

Co-op Cool Salsa 300g
Co-op Hot Salsa 300g
Co-op Houmous Dip 170g
Co-op Houmous Red Pepper Dip 150g
Doritos Nacho Cheese Dip 300g
Doritos Sour Creme and Chive Dip 300g
Taramosalata Dip 170g
Tzatziki Dip 170g

DRIED FRUIT

Co-op Currants 500g
Co-op Mixed Fruit 500g
Co-op Raisins 500g

Co-op Sultanas 500g
Green City Dried Apricots
Green City Pitted Dates
Whitworths Dates Chopped
Whitworths Figs

FISH: FRESH

Available every Saturday - see website for details

FISH: TINNED

Co-op Anchovies
Co-op Mackerel Fillets in Tomato Sauce
Co-op Tuna in Brine
Co-op Tuna In Spring Water 4 Pack
Co-op Sardines in Sunflower Oil
Co-op Sardines in Tomato Sauce
Co-op Wild Red Salmon
John West Kipper Fillets in Sunflower Oil
John West Mackerel Fillets in Sunflower Oil
John West Soft Cod Roes 100g
John West Tuna in Brine
John West Tuna In Sunflower Oil
Princes Pilchards in Tomato Sauce

FLOUR

Co-op Corn Flour 500g
Co-op Plain White Flour 500g
Co-op Plain White Flour 1.5kg
Co-op Self Raising White Flour 500g
Co-op Self Raising White Flour 1.5 kg
Dove's Farm Gluten Free Flour 1kg
Dove's Farm Gluten Free Self Raising Flour 1kg
Dove's Farm Gram Flour 1kg
Marriage's Dark Rye Flour 1kg
Marriage's Self Raising Brown Flour 1kg
Marriage's Spelt Wholemeal Flour 1kg
Marriage's Strong Bread Flour Seeded 1kg
Marriage's Strong Bread Flour White 1.5kg
Marriage's Strong Bread Flour Wholemeal 1.5kg

FRUIT JUICE

Co-op Apple Juice 1L
Co-op FRESH Orange Juice Smooth 1L
Co-op FRESH Orange Juice With Bits 1L
Co-op Orange Juice 1L
Co-op Pineapple Juice 1L
Co-op Tomato Juice 1L
Copella FRESH Cloudy Apple Juice 900ml
Ocean Spray Cranberry & Raspberry 1L
Ocean Spray Cranberry Classic 1L
Rubicon Pomegranate Juice 1L
Rubicon Mango Juice 1L
Tropicana FRESH Pink Grapefruit Juice 800ml

GRAVY

Bisto Best Beef Granules 200g
Bisto Best Chicken Granules 200g
Bisto Roast Beef Gravy Granules 170g
Bisto Roast Chicken Gravy Granules 170g
Marigold Organic Gravy Granules 125g

HERBS AND SPICES

Green City Dried Herbs & Spices: A Wide Selection
Fresh Herbs: Whatever You Need

HONEY

see separate listing for JAMS & SPEADS

HOUSEHOLD

Air Wick Air Freshener
Bacofoil
Bacofoil Wide
Baking Paper
Bin Bags Heavy Duty
Bin Bags Tie Handle
Bleach Thick
Cif Bathroom Cleaner
Cling Film
Co-op Dishwasher Tabs 24s

Dish Cloths
Ecover Dishwasher Tabs
Ecover Washing Up Liquid
Fairy Liquid
Fairy Liquid Lemon
Febreze
Finish Dishwasher Cleaner
Finish Dishwasher Powder
Finish Dishwasher Salt
Finish Dishwasher Tabs 13
Finish Rinse Aid
Flash All Purpose
Floor Cloths
Food Bags Large
Food Bags Small
Freezer Bags
Greaseproof Paper
J Cloths
Mr Muscle Bathroom Spray
Mr Muscle Kitchen Spray
Polishing Cloths
Scouring Pad
Sponge Scourers
Toilet Duck
WASHING POWDER: see separate listing

JAMS & SPREADS

Bonne Maman Raspberry Conserve 370g
Bonne Maman Strawberry Conserve 370g
Co-op Apricot Jam 454g
Co-op Blackcurrant Jam 454g
Co-op Chocolate Spread 400g
Co-op Honey Clear 454g
Co-op Honey Set 454g
Co-op Peanut Butter Crunchy 340g
Co-op Peanut Butter Smooth 340g
Co-op Raspberry Jam 454g
Co-op Seedless Raspberry Jam 454g
Co-op Shredless Marmalade 454g

Co-op Strawberry Jam 454g
Co-op Squeezy Honey 340g
Co-op Thick Cut Marmalade 454g
Co-op Thin Cut Marmalade 454g
Frank Cooper Oxford Marmalade 454g
Heinz Sandwich Spread
Marmite 125g
Nutella 200g
Roses Lime Marmalade 454g
Shippam's Beef Spread 75g
Shippam's Chicken Spread 75g
Shippam's Salmon Spread 75g

JELLY

Hartley's Blackcurrant Jam Tab 135g
Hartley's Lime Jelly Tab 135g
Hartley's Orange Jelly Tab 135g
Hartley's Raspberry Jelly Tab 135g
Hartley's Strawberry Jelly Tab 135g

MAYONNAISE

see separate listing for CONDIMENTS

MEATS: COOKED

Caula Mild Chorizo Ring 200g
Co-op BBQ Chicken Slices 130g
Co-op British Honey Roast Ham 120g
Co-op Irresistible Wiltshire Cured Baked Ham 120g
Garlic Sausage 300g
H of W Sliced German Salami Selection 100g
H of W Sliced Parma Ham 70g
H of W Sliced Pepperoni 100g
Unsmoked Gammon Steaks 240g
Independent Sliced Chorizo
Mattesons Smoked Sausage 200g
Sokolow Silesian Sausage

MEATS: FRESH

Co-op British Chicken Thighs Twin Pack

Co-op British Quarter Pounders 4 Pack
Co-op Butcher's Choice Cumberland Suasages 8 Pack (G/F)
Co-op Irresistible Pork Sausages 6 Pack
Co-op Irresistible Pork & Apple Sausages 6 Pack
Co-op Pork Sausages 8 Pack (Gluten Free)
Co-op Scottish Chicken Fillets Twin Pack
Co-op Smoked Bacon 8 Rashers
Co-op Unsmoked Bacon 8 Rashers
Co-op Whole Medium Scottish Chicken 1.55kg

MEATS: FROZEN

see entry at the beginning of this list

MILK

Alpro Almond Milk Unsweetened 1L
Alpro Soya Milk Unsweetened 1L
Co-op Organic Semi-Skimmed Milk 1l or 2l
Co-op Organic Whole Milk 1l or 2l
Co-op Scottish Semi-Skimmed Milk 0.5l, 1l and 2l
Co-op Scottish Skimmed Milk 0.5l, 1l and 2l
Co-op Scottish Whole Milk 0.5l, 1l and 2l
UHT Semi Skimmed Milk 0.5L
UHT Skimmed Milk 0.5L
UHT Whole Milk 0.5L
UHT Whole Milk 1L

MIXER DRINKS

Fever Tree Elderflower Tonic Water 500ml
Fever Tree Indian Tonic Water 500ml
Fever Tree Indian Tonic Water Cans 8x150ml
Fever Tree Mediterranean Tonic Water 500ml
Fever Tree Naturally Light Tonic Water 500ml
Fever Tree Naturally Light Tonic Water Cans 8x150ml
Schweppes Bitter Lemon 1L
Schweppes Ginger Ale 1L
Schweppes Slimline Tonic Water 1L
Schweppes Soda Water 1L
Schweppes Tonic Water 1L

MUSTARD

- Colman's English Mustard 100g
- French's Classic American Mustard 226g
- Maille Dijon Mustard 215g
- Maille Wholegrain Mustard 210g

NUTS AND SNACKS

- Co-op Honey Roasted Cashew and Peanuts 200g
- Co-op Peanuts Roasted 275g
- Co-op Peanuts Salted 275g
- Co-op Sour Cream & Chive Party Mix 150g
- Green City Banana Chips 125g
- Green City Bombay Mix 125g
- Green City Brazil Nuts 125g
- Green City Cashew Nuts 125g
- Green City Chilli Rice Crackers 125g
- Green City Mixed Nuts 125g
- Green City Mixed Nuts and Raisins 125g
- Green City Pistachio Nuts 75g
- Green City Pumpkin seeds
- Green City Trail Mix 125g
- Green City Tropical Mix 125

OATCAKES

see separate listing for BISCUITS

OATS

see separate listing for CEREAL

OIL

- Biona Coconut Oil 454g
- Filippo Berio Extra Virgin Oil 250ml
- Filippo Berio Olive Oil 250ml
- Napolina Extra Virgin Oil 500ml
- Napolina Olive Oil 500ml
- Sunflower Oil 1L
- Vegetable Oil 1L

PASTA

Co-op Fusili 500g
Co-op Penne 500g
Co-op Spaghetti 500g
Co-op Lasagne Sheets
Marshall's Cheesy Macaroni 250g
Marshall's Macaroni 500g
Napolina Conchigle 500g
Napolina Tagliatelle 500g

PET FOOD & SUNDRIES

Bakers Complete Beef & Vegetables 1k
Bakers Complete Chicken & Vegetables 1k
Bonio Bitesize
Co-op Dog Meaty Chunks in Gravy with Beef 400g
Co-op Dog Meaty Chunks in Jelly Selection 6 x 400g
Pedigree Complete Chicken and Rice 1kg
Pedigree Dentastix
Pedigree Jumbone
Pedigree Mixer 3kg
Pedigree Original Loaf 400g
Pedigree Original Loaf 800g
Winalot Shapes

PICKLES AND CHUTNEYS

Baxter's Baby Beetroot 340g
Baxter's Caramelised Onion Chutney 290g
Baxter's Sliced Beetroot 340g
Baxter's Tomato Chutney 270g
Branston's Original Pickle 360g
Hayward's Piccalilli 400g
Hayward's Pickled Onions 400g
Hayward's Pickled Red Cabbage 400g
Kuhne Whole Gherkins 370g
Patak's Garlic Pickle 283g
Patak's Lime Pickle 283g
Sharwood's Mango Chutney 360g

PIES

Argyll Bakeries Fresh Family Chicken & Mushroom Pie 750g
Argyll Bakeries Fresh Family Chicken, Ham & Leek Pie 750g
Argyll Bakeries Fresh Family Steak Pie 1kg
Black's Bakeries Individual Scotch Pie
Black's Bakeries Individual Steak & Black Pudding Pie
Black's Bakeries Individual Steak Pie
Fray Bentos Steak & Kidney Pudding 200g
Fray Bentos Steak Pie 425g

PUDDINGS

Ambrosia Creamed Rice 400g
Ambrosia Devon Custard 400g
Ambrosia Tapioca 400g
Angel Delight Butterscotch
Angel Delight Strawberry
Aunty's Golden Syrup Pudding 2x100g
Aunty's Strawberry Pudding 2x100g
Bird's Custard Powder Tin 300g
Bird's Instant Custard Sachet 75g
Lee's 6 Meringue Nests
Treat Milk Choc Topping Sauce 375g

PUREE

Garlic puree
Tomato puree

RICE AND NOODLES

Co-op Basmati 1kg
Co-op Medium Noodles 250g
Green City Arborio Rice 500g
Green City Couscous 500g
Green City Long Grain Brown Rice 500g
Green City Organic Long Grain White Rice 500g
Green City Quinoa 250g
Green City Short Grain Pudding Rice 500g
Tilda Basmati 500g
Tilda Steamed Plain Basmati 250g
Tilda Steamed Brown Basmati and Quinoa 250g

Super Noodle Mild Curry
Super Noodles BBQ
Super Noodles Chicken
Uncle Ben's Long Grain Boil in The Bag 250g

SALT AND PEPPER

Coarse Sea Salt 350g
Cooking Salt 1.5kg
Green City Black Peppercorns 75g
Green City Mixed Peppercorns 75g
Green City Garlic Salt 75g
Ground Black Pepper 25g
LO Salt 500g
Maldon Salt Flakes 250g
Saxa Salt 750g
Table Salt 70g

SAUCES: ASIAN

Blue Dragon Stir Fry Black Bean Sauce Pouch 120g
Blue Dragon Stir Fry Sweet & Sour Sauce Pouch 120g
Blue Dragon Sweet Chilli & Garlic Sauce Pouch 120g

SAUCES: CURRY

Blue Dragon Thai Green Curry Paste 285g
Blue Dragon Thai Red Curry Paste 285g
CHUTNEYS: see separate listing for PICKLES AND CHUTNEYS
Patak's Jalfrezi 450g
Patak's Korma 450g
Patak's Madras 450g
Patak's Madras Curry Paste 283g
Patak's Rogan Josh 450g
Patak's Tikka Masala 450g

SAUCES: PASTA

Co-op Creamy Tomato Pasta Sauce 500g
Co-op Passata 500g
Co-op Tomato & Chilli Pasta Sauce 500g
Co-op Tomato & Garlic Pasta Sauce 500g
Dolmio Original Bolognese 500g

Dolmio Red Lasagne Sauce 500g
Dolmio White Lasagne Sauce 500g
Sacla Pesto Basil 190g
Sacla Pesto Tomato 190g

SAUCE MIXES

Colman's Beef Casserole Mix
Colman's Bread Sauce
Colman's Cheese Sauce
Colman's Chicken Chasseur
Colman's Chilli Con Carne Mix
Colman's Parsley Sauce
Colman's Sausage Casserole Mix
Colman's White Sauce
Schwartz Pepper Sauce Mix

SOFT DRINKS – CARBONATED BOTTLES

Appletiser 75cl
Bottle Green Elderflower Presse 75cl
Coca Cola 1.5l
Diet Coke 1.75l
Diet Pepsi 2l
Fanta 2l
Irn Bru 2l
Irn Bru Sugar Free 2l
Lucozade Original 1L
MIXERS: see separate listing
Old Jamaica Ginger Beer 1.5l
Pepsi Max 2l
Schweppes Diet Lemonade 2l
Schweppes Lemonade 2l
Schloer Green Grape 75cl
Vimto Fizzy 2l

SOFT DRINKS – IMPULSE

Apple Juice Carton
Barr Ginger Beer 330ml Can
Barr's Lemonade 330ml Can
Capri Sun Orange

Cawston Press Elderflower Lemonade 330ml Can
Cawston Press Sparkling Apple & Rhubarb 330ml Can
Coca Cola 330ml Can
Coca Cola 4 x 330ml Cans
Coca Cola 500ml Bottle
Coke Zero 500ml Bottle
Coke Zero 4 x 300ml Cans
Diet Coke 330ml Can
Diet Coke 4 x 330ml Cans
Diet Coke 500ml Bottle
Fanta 330ml Can
Irn Bru 330ml Can
Irn Bru Sugar Free 330ml Can
Irn Bru 4 x 300ml Cans
Irn Bru 500ml Bottle
Lucozade Original 380ml Bottle
Monster Energy 500ml Can
Oasis Summer Fruits 500ml Bottle
Orange Juice Carton
Red Bull Original 250ml Can
Ribena Carton
Rubicon Sparkling Mango 4 x 330ml Cans
Sprite 330ml Can
Vimto Fizzy 330ml Can
WATER: see separate listing

SQUASH

Bottle Green Elderflower Cordial 1l
Co-op NAS Apple & Blackcurrant 1.5l
Ribena 900ml
Robinson's Fruit & Barley Orange 1l
Robinson's Lemon Barley Water 1l
Robinson's NAS Orange 1l
Robinson's NAS Summer Fruits 1l
Rose's Lime Cordial

SOUP

Campbell's Condensed Cream Of Mushroom 295g
Campbell's Condensed Cream Of Tomato 295g

Baxter's Carrot & Coriander 400g
Baxter's Cock-A-Leekie 400g
Baxter's Lentil & Bacon Soup 400g
Baxter's Minestrone 400g
Baxter's Potato & Leek 400g
Baxter's Royal Game 400g
Baxter's Scotch Broth 400g
Cup-A-Soup Chicken & Leek
Cup-A-Soup Cream of Mushroom
Cup-A-Soup Golden Vegetable
Cup-A-Soup Potato & Leek
Cup-A-Soup Tomato
Heinz Cream of Chicken Soup 400g
Heinz Cream of Mushroom 400g
Heinz Cream of Tomato Soup 400g
Heinz Cream of Tomato Soup 4x400g
Heinz Oxtail Soup 400g
Knorr Packet Chicken Noodle Soup
Knorr Packet Crofter's Thick Vegetable

SPIRITS: PREMIUM

Bowmore 70cl
Brochan Oat Vodka 70cl
Co-op Irresistible Premium Gin 70cl
Colonsay Bramble Gin Liquer 50cl
Colonsay Gin 50cl
Grey Goose Vodka 70cl
Jura 70cl
Laphroaig 70cl
Wild Island Gin 70cl
Wild Island Gin: Sacred Tree 70cl

SPIRITS

Bacardi White Rum 70cl
Captain Morgan's Dark Rum 70cl
Captain Morgan's Spiced Rum 70cl
Co-op Napoleon Brandy 35cl
Croft Fine Ruby Port 70cl
Croft Original Sherry 70cl

Famous Grouse 70cl
Gordon's Gin 70cl
Gordon's Pink Gin 70cl
Gordon's Sloe Gin 70cl
Jagermeister 50cl
Johnnie Walker Black Label 70cl
Smirnoff Vodka 70cl
Tio Pepe 70cl
Whyte & MacKay 35cl
Whyte & MacKay 70cl
Whyte & MacKay 1l

STOCK

Bouillon Organic Vegetable Stock 110g
Knorr Beef Stock Cubes 8s
Knorr Beef Stock Pots 4s
Knorr Chicken Stock Cubes 8s
Knorr Chicken Stock Pots 4s
Knorr Ham Stock Cubes 8s
Knorr Vegetable Stock Cubes 8s
Knorr Vegetable Stock Pots 4s

SUGAR & SWEETNERS

Coffee Mate
Sweetex
Tate & Lyle Caster Sugar 1kg
Tate & Lyle Caster Sugar 500g
Tate & Lyle Dark Brown Soft Sugar 500g
Tate & Lyle Demerara Sugar 500g
Tate & Lyle Granulated Sugar 1kg
Tate & Lyle Granulated Sugar 500g
Tate & Lyle Icing Sugar 500g
Tate & Lyle Light Brown Soft Sugar 500g
Tate & Lyle Light Muscovado Sugar 500g

SUN PROTECTION

Nivea Aftersun
Nivea Sun SP15 Spray
Nivea Sun SP30 Lotion

Nivea Sun SP50 Lotion

SYRUP

Tate & Lyle Golden Syrup 454g Tin

Tate & Lyle Maple Flavour Squeeze Syrup 454g

Tate & Lyle Squeeze Syrup 325g

Tate & Lyle Treacle 454g Tin

TEA

see separate listing for BEVERAGES

TINNED FRUIT

Del Monte Apricot Halves in Syrup 418g

Prince's Fruit Cocktail in Juice 454g

Prince's Grapefruit Segments 454g

Prince's Mandarin Segments 298g

Prince's Mango in Juice 432g

Prince's Peach Slices 454g

Prince's Pear Halves 454g

Prince's Pineapple Chunks 230g

Prince's Pineapple Slices 230g

Prince's Prunes In Syrup 454g

Prince's Raspberries in Syrup 300g

TINNED MEAT

Co-op Chilli Con Carne 454g

Grant's Haggis 454g

Prince's Corned Beef 200g

Prince's Ham 454g

Prince's Hot Curry 454g

Prince's Hot Dogs 454g

Prince's Mild Curry 454g

Prince's Stewed Steak 454g

Spam 200g

TINNED VEG

Batchelor's Mushy Peas 300g

Co-op Baby Carrots 454g

Co-op Baked Beans 454g

Co-op Chick Peas 454g
Co-op Chopped Tomatoes 454g
Co-op Garden Peas 300g
Co-op Cut Green Beans 454g
Co-op Kidney Beans 420g
Co-op Mushrooms Button 290g
Co-op Mushrooms Sliced 290g
Green Giant Sweetcorn 198g
Green Giant Sweetcorn 400g
Heinz Baked Beans 200g
Heinz Baked Beans 414g
Napolina Butter Beans 454g
Napolina Cannellini Beans 454g
Napolina Chopped Tomatoes 454g
Napolina Five Bean Salad 454g
Napolina Peeled Plum Tomatoes 454g

TOILETERIES

Always Night 10s
Always Ultra 12s
Aussie Miracle Moist Conditioner
Aussie Miracle Moist Shampoo
Carex Sensitive Handwash
Colgate Toothbrushes
Colgate Total 100ml
Colgate Total 50ml
Co-op Original Handwash
Dove Anti-Perspirant
Fixodent
Head and Shoulders
Johnsons cotton buds
Kleenex Balsam Tissues
Kleenex tissues
Lil-Lets Regular
Lil-Lets Super
Lil-Lets Superplus
Listerine Mouthwash
Lynx
Nailbrushes

Oral B Dental Floss
Pantene Conditioner
Pantene Shampoo
Radox Bath Foam
Radox Shower Gel
Sensodyne Toothpaste
Nivea Facial Wipes
Sponges
Steradent
Sure Men Anti-Perspirant
Tampax Mini
Tampax Regular
Tampax Super
Vaseline

VINEGAR

Dufrais Cider Vinegar 350ml
Dufrais Red Wine Vinegar 350ml
Dufrais White Wine Vinegar 350ml
Filipino Berio Balsamic Vinegar 250ml
Sarson's Distilled Vinegar 284ml
Sarson's Malt Vinegar 284ml
White Wine Vinegar

WASHING POWDER

Ariel Biological Capsules 12s
Comfort Concentrate Blue 750ml
Co-op Non Bio Capsules 16s
Co-op Non Bio Powder 10w
Ecover Non-Bio Powder 10w
Persil Small & Mighty 525ml
Surf Biological Powder 10w

WATER

Co-op Fairbourne Springs Still Water 5l
Highland Spring Sparkling 1.5L
Highland Spring Still 1.5L
Highland Spring Sparkling 500ml
Highland Spring Still 500ml

